



KINGDOM

REVELATOR

CHRISTIAN CATHOLIC MAGAZINE FOR YOUNG PEOPLE ■ ISSUE 32

WHO CREATED
GOD?

PRAYER
FOR PROTECTION

**DON'T
WORRY!**

KINGDOM

REVELATOR

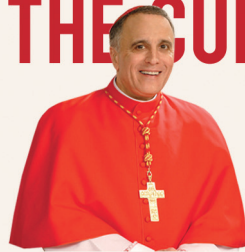
CONTENTS

CONTENTS



4 PRAYER
FOR PROTECTION

**CHANGING
THE CULTURE**



6

**#FIRSTWORLD
PROBLEMS**



8

**DON'T
WORRY!**

10

**WHY IS
BAPTISM SO
IMPORTANT?**

12



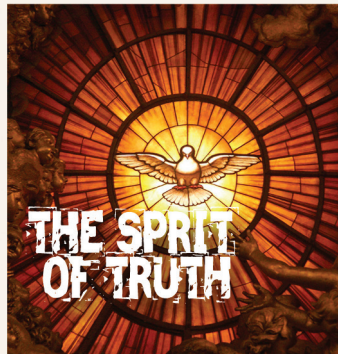
MY FAITH
JOURNEY

14



**WHO CREATED
GOD?**

16



**THE SPIRIT
OF TRUTH**

20



22



CONTACT US

If you would like to send us your personal testimony, write an original article for an upcoming issue (maximum 800 words please), submit a drawing or poem or just to contact us with feedback please e-mail: krmagusa@gmail.com.

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Mar Joy Alappatt, Auxiliary Bishop of the St. Thomas SyroMalabar Catholic Diocese of Chicago, USA. Date: April 21, 2016

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The Editorial Board wish to give all the Glory to God. Without his divine help the production of this magazine would not have been possible.

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We wish all our readers every blessing in 2017 and pray that during the coming year you will be drawn closer to our Lord and Saviour through the power of the Holy Spirit and experience the Father's Love in a new and deeper way.

As we start this New Year, this issue looks at how much God loves us and how He will protect us. He is always waiting to hear from us through our prayers and praises. When we open our hearts to His love and invite Him in, He will never disappoint us. We do not have to do anything to earn this love but our prayer and thanksgiving should overflow from the graces that we receive.

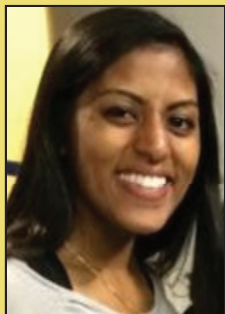
We also feature an article about a group of young Catholics in Texas who staged a Pro-Life rally praying outside a Planned Parenthood facility. During the Mass before the march, Cardinal DiNardo encouraged young people to stand up and make a difference in the world. There are many initiatives like this being run by young people. Please let us know what is happening in your area.

Thanks to everyone who has sent us their testimonies, drawings and articles. We do still need more so if you have experienced God's love, His protective hand or a miraculous healing please let us know. Your story may help others, having the same experience, to be able to put their trust in the Lord.

We have made a few changes to the appearance of our articles this month. Please let us know what you think about the new style along with any suggestions to improve the magazine that you may have.

E-mail us at: kfkmag@gmail.com.

Thanks.




When MINN MANI, a second year student at the University of Illinois in Chicago was confronted by a stranger in a deserted street, her desperate prayer for protection was answered.

PRAYER FOR PROTECTION

Growing up, my parents have always taught me to put my faith in Christ, to trust Him always and ask for His guidance. So when I left home for college, they advised me always to recite Psalm 91 before leaving my room. Some days I would say it, and other times I would start reciting it but I'd gradually space out and start thinking about other things and not finish it. However, I still tried to recite this Psalm every time I went out, not only to please my parents and to stop them worrying, but also because I firmly believed in God's promise that He will protect us. "Those who love me, I will deliver; I will protect those who know

I had noticed that there was a man walking not too far behind me, he had been following me for a while.



my name. When they call to me, I will answer them; I will be with them in trouble, I will rescue them and honour them. With long life I will satisfy them, and show them my salvation.” Psalm 91:14-16

Women are often exploited and sexualised in today’s society and consequently their bodies are regarded as worthless objects. Some argue that street harassment is harmless and is actually a form of flattery, but its consequences prove otherwise. Women not only feel uncomfortable, but they are frightened and can feel vulnerable and powerless in their community. Although my college’s campus is generally a safe place for women, there have been times when I have been shouted at by random men in the street and jeered at. When this happens, it frightens me, I go into shock and continue very carefully because I never know what that person may or may not do to me. All I can do is say my prayers, hoping that nothing will happen to me and that God will protect me, according to His will.

A Trip To The City

In April last year, I was walking in the city, going to the passport office to renew my passport. As I walked down the street, I was reciting Psalm 91 under my breath. “You who live in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the Lord, My refuge and my fortress; my God, in whom I trust...” I had noticed that there was a man walking not too far behind me, he had been following me for a while. I was wearing my quarter-zip sweater, my tall brown boots, and leggings and I had my headphones on listening to music.

While I was waiting at a set of traffic lights for the signal to cross, I noticed that the man was now standing right next to me and he was extremely close. I looked around but there was no one else about. Out of the corner of my eye, I could see that he was looking in my general direction and I began to get very frightened, fearing that I would be robbed or something would happen to me. Once again, I looked ahead, waiting for the light to change and started praying Psalm 91. However, this time it was different. When I recited it, it

wasn’t like I was reading it from a sheet of paper. This time I meant every word in that Scripture. I took every sentence and every word and prayed it from my heart knowing that God would be watching and protecting me.

As the lights changed and we were about to cross the street, he suddenly grabbed my hand and asked where I was heading, “Where are you going, baby?” I tried freeing my hand from his grasp and replied, “I have to meet someone.” At the time, there was no one around, no pedestrians and no cars. I could see no one who could help me. However, like a guardian angel sent from God, a car suddenly appeared and the driver stopped and asked if something was wrong. The man quickly released my hand and walked in the opposite direction. I was very scared by this and I didn’t tell anyone about this encounter. But then it hit me. What if the car hadn’t stopped?

What if
the car
hadn’t
stopped?

Trust In The Lord

When we recite Psalm 91, we are reading God’s promise to us. As we continue to pray to Him and hold Him close to our hearts, He will continue to hold us close to Him. We are made in His image and likeness and He will protect those who have faith in Him. God will never put us in harm’s way. He has a plan for each one of us, a plan for us to prosper in His eyes. We must believe in Him in order to “see” his graces work around us and to see and experience His love for us.

CHANGING THE CULTURE

JAMES PINEDO *tells us how a group of young people are helping to build a culture of life.*



Last October hundreds of young people prayed, sang and walked in a glorious witness for the sanctity of life at the tenth annual March of the Surviving Youth. The event began at 8:30am with Mass celebrated by Cardinal Daniel DiNardo at the Catholic Charismatic Center. After the Mass, there was a pro-life youth rally with inspiring speakers and great music.

Following the rally, about four hundred and seventy of us, mainly young people, walked to the local Planned Parenthood facility. There we held a Jericho March. In the Bible, the sixth chapter of the book of Joshua recounts how the ancient Israelites marched seven times round the city of Jericho and after the seventh circuit they blew their trumpets and the walls of Jericho fell down. Our march, this time walked backwards and forwards seven times in front of Planned Parenthood praying the Rosary that the walls of the Culture of Death would be broken and fall and that a new Civilization of Love would rise up.

Every one of us could have been legally killed before we were born.

The purpose of the rally was four-fold:

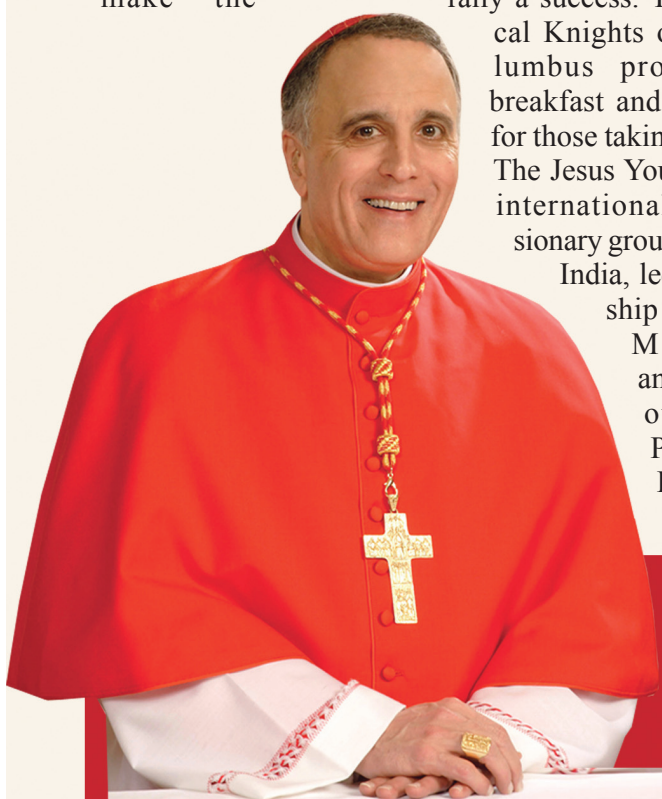
- 1) To save lives through a peaceful and powerful witness.
- 2) To intercede in prayer that lives would be saved, hearts would be changed and the abortion holocaust would end.
- 3) To educate young people about the reality of abortion.
- 4) To inspire them to take the lead in building a Culture of Life.

The event was organized by the Catholic Organization Of Life (better known as the COOL), a non-profit corporation under the sponsorship of the Office of Pro-Life Activities of the Archdiocese of Galveston-Houston. Its 17 year old president, Mary Pinedo, said after the rally, "Mis-

sion accomplished.” Her brother Peter added, “We are the generation that has been most affected by the scourge of abortion. One third of our generation has been wiped out by abortion. Every one of us could have been legally killed before we were born. It is up to us, to my generation, to take the lead and make a move to end abortion and build a culture of life.”

The event originally started in 2007 when the Houston Coalition for Life asked Joseph Pinedo, then president of the COOL to start a youth event during the 40 Days for Life prayer campaign and Kim Muncy of St. Thomas More Catholic Church suggested the idea of holding a Jericho March. Many groups helped to make the

rally a success. The local Knights of Columbus provided breakfast and water for those taking part. The Jesus Youth, an international missionary group from India, led worship at the Mass and sang outside Planned Parenthood.



Cardinal Daniel DiNardo
President,
U.S. Conference of Catholic Bishops (USCCB)

During a special Mass for young people before the march, Daniel Cardinal DiNardo of the Archdiocese of Galveston-Houston congratulated the rally participants for defending life and standing up to make a difference.

One third of our generation has been wiped out by abortion.

hood. Many other local groups helped to fund, publicise and stage the rally. One of the local youth groups from The Blessed Sacrament Church blew up yellow balloons with the words “PRO-LIFE” on them which were released at the end of the event.

Pope Francis spoke about the sanctity of life in his address to Catholic health care professionals in September 2013, “Every child who, rather than being born, is condemned unjustly to being aborted, bears the face of Jesus Christ, who even before he was born, and then just after birth, experienced the world's rejection. And every elderly person, even if he is ill or at the end of his days, bears the face of Christ. They cannot be discarded, as the “culture of waste” suggests! They cannot be thrown away!”

We invite all young people to join us in building a Culture of Life and to be a part of the pro-life generation. You can find out more about how we are doing this by checking out COOL's website at thecoolhouston.shutterfly.com. Why not find out what is happening in your local area and get involved today or start a Pro-Life prayer group in your school or university.

Also while speaking about the importance of devotion to the Blessed Virgin Mary in helping us to follow Christ and His teaching, the Cardinal shared his personal experience of gaining spiritual insight in his daily life through the recitation of the Holy Rosary and by being a devotee of Our Lady.

He then went on to remind the youth that they should be open to the call to a priestly vocation or religious life. He also emphasised the beauty of family life, and the noble responsibility and importance of marriage and family life as a vocation. No matter which vocation a person is called to, Cardinal DiNardo urged participants to lead a life searching for the truth and love of God.

#FIRSTWORLD PROBLEMS



NEETHU SEBASTIAN

writes about a current trend that she has noticed among young people.

COMPLAINING

I don't know if this is just a British thing but we seem to complain a lot as a society. Do you have this problem where you're from? Recently, I've heard more and more students at university use the phrase "#First World Problems" when they have basically just complained about something that's a luxury. I find it amusing but it's good in one way because it means that we're finally recognising and reflecting on our attitudes and seeing our priorities in a wider context.

So, here is a list of #FirstWorldProblems!

Have you ever said these?

EXAMPLES

<i>"Urgh they didn't have any chocolate cookies at the shop! My day is ruined."</i>	<i>"I hate it when they give us free lunch at work! It messes up all my meal plans for the week- what am I meant to do with all this extra food!"</i>	<i>"Guys I'm having a nightmare! My internet is down!"</i>	<i>"I can't hear the TV when I'm eating crisps."</i>
<i>"I ate so much, now I have a food baby."</i>	<i>"Buffering - it's the bane of my life!"</i>	<i>"My fingers are so sore from texting in the cold." (I had to reply obvs!)</i>	<i>"My purse is so heavy with all that change."</i>
<i>"Our house is not big enough. Only one car will fit in the garage."</i>	<i>"My phone battery runs down so quickly I have to carry my charger around!"</i>	<i>From BBC News the most read item on 8/11/16: "Toblerone triangle change upsets fans"</i>	<i>Choosing a chocolate from the pack of Celebrations: "Awhh there's only the Bounty left..."</i>
<i>In the phone shop, "Hmm iPhone 7 or Samsung Galaxy S6? So hard! I have to choose for the next 24 months of my life!"</i>	<i>Stares at fridge full of food, "Mum there's nothing to eat in here!!"</i>		<i>Flicks through 900 channels, "I'm so bored. There's nothing on TV!"</i>
<i>Sips bottled water, "Yurg, wrong flavour! Mannn this is just not my day!"</i>	<i>Mum calls you for dinner, "I'm so full from snacking I can't eat dinner now too!"</i>	<i>Stares at wardrobe full of clothes, "I've got nothing to wear!"</i>	<i>When the electric hand dryer is broken, "Oh no, I'll have to wipe my hands on my trousers!"</i>

GIVE THANKS

There are so many FirstWorldProblems! But, when I open my mouth to complain, I remember what St Paul said, "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." (1 Thessalonians 5:16-18) Giving thanks

in all circumstances, that's hard! Yet, everything is possible for us through Christ.


Let us pray: Dear Jesus, help us to make little steps towards doing your will by finding joy in our tiny misfortunes and praising you all the same! Amen. #FirstWorldPraises

Life style

DON'T WORRY!



A challenge for this New
Year written by
ROSEMARY JOY



This year, let's make a resolution that can change our lives.

A Resolution

At the beginning of this New Year, how are you going to make your life better? Most of us ask ourselves this question and then come up with a list of New Year's resolutions that we are eager to keep, but we usually manage to stick to them for a week or a month at the most. I'm not saying this is the case for everyone, but let's be honest, how many times have we come up with a brilliant resolution only to have forgotten it within a few weeks? This year, let's make a resolution that can change our lives. This year, let's decide not to worry. I know that sounds radical and you may be thinking that's absolutely impossible and way too difficult. But, is it really?

Decide now

It is possible to live a worry-free life, we know this because God keeps telling us not to worry! "Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus". (Philippians 4:6-7) This is what God wants us to do. And He, who is love Himself, would never ask us to do something that is not good for us. He wants each one of us to be overflowing with the peace that is only possible when we give all our burdens and cares to Him. Remember that our worries cannot change the future, but our prayers can. Make a decision right now to stop worrying. Let's challenge ourselves. "This year, I will try my best not to worry". The best way is to ask for God's grace to trust in His love, the love that redeemed us,

the love that calls us by our name, the love that can set us free from all our fears and anxieties.

Trust in His love

"If God is for us, who can be against us? He who did not spare His own Son but handed Him over for us all, how will He not also give us everything else along with Him?" (Romans 8:31-32) Do we really believe that God loves us? If we really were sure then we wouldn't be worried by any suffering or misfortune. If we truly believe in our hearts that our Heavenly Father loves us so much that He gave His only begotten Son to be a sacrifice for us, then we would know that God would never allow anything to happen to us that together with Him we could not handle. Rather, every action of God in our lives overflows from the fountain of His everlasting love for us. In a beautiful extract from the diary of St Maria Faustina Kowalska called *Divine Mercy In My Soul*, St Faustina tells us, "Go through life like a little child, always trusting, always full of simplicity and humility, content with everything, happy in every circumstance. There, where others fear, you will pass calmly along, thanks to this simplicity and humility." Let us be like a little child, sleeping peacefully through every storm in our lives, because we know that the One who holds the whole universe in the palm of His hand is holding us close to His chest and carrying us along in safety.

WHY IS BAPTISM SO IMPORTANT?



“We probably don’t remember our own Baptism but it was one of the most important moments of our lives. **JUNE PALMER** explains why this is.”



Initiation

As Christians we are all on a journey of faith that will draw us closer to Christ Jesus. According to the Catechism of the Catholic Church (CCC) paragraph 1229, “This journey can be covered rapidly or slowly, but certain essential elements will always have to be present: proclamation of the Word, acceptance of the Gospel entailing conversion, profession of faith, Baptism itself, the outpouring of the Holy Spirit, and admission to Eucharistic communion.” Baptism is the first Sacrament of Christian initiation and has been called the gateway to life in the Spirit. Without baptism we would not be able to receive the graces of the other sacraments.

Preparation

In the New Testament, John the Baptist prepared the way for Jesus by calling the Jews to a baptism of repentance. He immersed them in the waters of the River Jordan as a sign

that their sins were washed away and they could have a clean start. When Jesus was baptised, the Holy Spirit came down upon Him and God declared that Jesus was His Beloved Son. In the same way, when we are baptised God declares that we are His beloved children and we are adopted into His family. We are freed from our sins and given new life in Christ Jesus. The life-giving power of water is also symbolised in baptism. Water is necessary for us to survive, no seed would sprout and no plants would grow without water. The living world depends on it both physically and spiritually. The waters of baptism make the seeds of the gospel sprout and grow in our lives and nourish our faith with its life-giving effects.

Rebirth

Water can also be dangerous, we can drown in it and so it is equally a sign of death. Jesus referred to His death as a baptism. When James and John asked if they could have the places of honour next to Him in heaven He said, “Can you drink the cup I drink or be baptised with the baptism I am baptised with?” (Mark 10:38) We know that for Jesus, death was not the end and in baptism we share in His death and resurrection. We die with Christ, are freed from our sins and are reborn into a new life in the Spirit as children of God. We receive the gift of the Holy Spirit as Jesus did at His baptism and we become members of Christ’s Body on earth, His Church.

Life long mission

Our baptism is not a one off event that may have happened to us as babies, but it is a life-long mission and calling. Every day we live our baptism as children of God. Every time we make the sign of the cross we are reminding ourselves that through our baptism we belong to Christ and that we have been redeemed by His death on The Cross. We believe that baptism leaves a spiritual mark on our souls, which shows that we belong to Christ forever and this mark can never be removed.

The Baptism Service

In the Baptism Service for children there are many outward signs and symbols, each one of these points to something that is happening to the child being baptised. Holy water is poured over the baby’s head three times, claiming the child for the Father, then the Son and finally for the Holy Spirit. The parents are given a lighted candle to symbolise the light of Christ. They will be responsible for ensuring that the light of faith burns brightly in that child’s life until they are old enough to own it for themselves. The sign of the cross is made on the forehead with Sacred Chrism, the holy oil signifying the gift of the Holy Spirit that is given to the child at baptism. They

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are anointed on their chests with oil to strengthen them in the fight against evil and they are clothed in a white garment to signify the new life and purity that they have been received through the Sacrament.

Infant Baptism

The church encourages the Baptism of infants because children need the grace of the Sacraments to strengthen them as they grow up. CCC1252 says, “The practice of infant Baptism is an immemorial tradition of the Church. There is explicit testimony to this practice from the second century on, and it is quite possible that, from the beginning of the apostolic preaching, when whole households received baptism, infants may also have been baptized.” When a child is baptised it is the parents and godparents who profess their faith and promise to bring up the child in the Christian faith. As the child grows they will have to make their own profession of faith for themselves.

Our Baptism

Some families celebrate their baptismal anniversaries each year as well as birthdays, to remember when their children were reborn as children of God. Have you ever thought about your baptism and thanked God for the graces that you received through this wonderful Sacrament? “Thank you Lord for welcoming me into Your family through my Baptism. Help me to live like a child of God. Come Holy Spirit afresh into my life today and help me to live out the promise of my baptism. Amen.”



MY FAITH JOURNEY

“ I felt disappointed.
I went back to my pew,
knelt down and burst into tears.”

My name is Soudamini Sajeev. I was born into a Hindu family and so I was brought up to believe in Hinduism. It has been nearly 10 years since I got to know and love Jesus Christ and six months ago, my family and I were all baptized. I took the name Maria Joseph at my baptism.

When I first discovered Jesus and found out what He had done for me, my desire was to love Him completely. So I started to pray the Rosary, to attend prayer meetings regularly and whenever I could, I went to Mass with my friends. About three years ago I read a book called, "Do This In Memory of Me." It was about the Holy Mass and was written by ThankachanThundyil. Through this book I realised that there is no better way to love Jesus than by participating in Holy Mass. I grew to love the Mass very deeply and it soon became part of my daily life. In a very short time, regardless of which shift I worked, I made sure that I attended Mass every day. I cannot possibly describe the love of Jesus that I experienced in this way. Once you have felt this divine love, it is impossible to give it up.

Since I was not a Catholic, I could not receive Holy Communion. However, I used to join the communion procession with the others and go for a blessing. The priest would bless me by placing his hand on my head and making the sign of the cross on my forehead, while saying something like, "God Bless you" or "God loves you." I regularly received these blessings and through them I did receive great joy. They gave me divine happiness.

One day, during Mass, I was preparing myself to receive a blessing from the priest. As I waited I prayed, "Jesus, may it actually be you this time that is standing in front of me as this priest blesses me. Please say that you love me and let it be you that makes the sign

of your resurrection, the cross, on my forehead." But for some reason that day the priest did not say anything to me or make the sign of the cross. All he did was to lay his hands on my head without saying aloud a word to bless me. I was heartbroken as I felt my prayer to Jesus went unanswered.

I was very disappointed. I went back to my pew, knelt down and burst into tears. I kept praying, "Jesus, I know that I am the lowliest of everyone present in this church. You gave your Body and Blood to everyone else and I am not worthy to receive it. But I can't understand why you didn't tell me that you loved me today? I won't leave this church without a word from you and without the sign of the cross on my forehead. My Jesus, have you abandoned me?" I kept asking these questions while I continued to cry.

At the end of Mass with a heavy heart and tear-filled eyes, I left my pew. Before leaving the church, I usually made the sign of the cross on my forehead myself with holy water but my thoughts were different that day. I thought that if Jesus would not bless me, then I wouldn't do it either. What happened next was a miracle, a friend came rushing up to me and made the sign of the cross on my forehead with holy water saying, "I have to go to work, we'll talk later." This was the sign I needed that day. I knew instantly that God had heard my prayer and I experienced the greatness of His love.

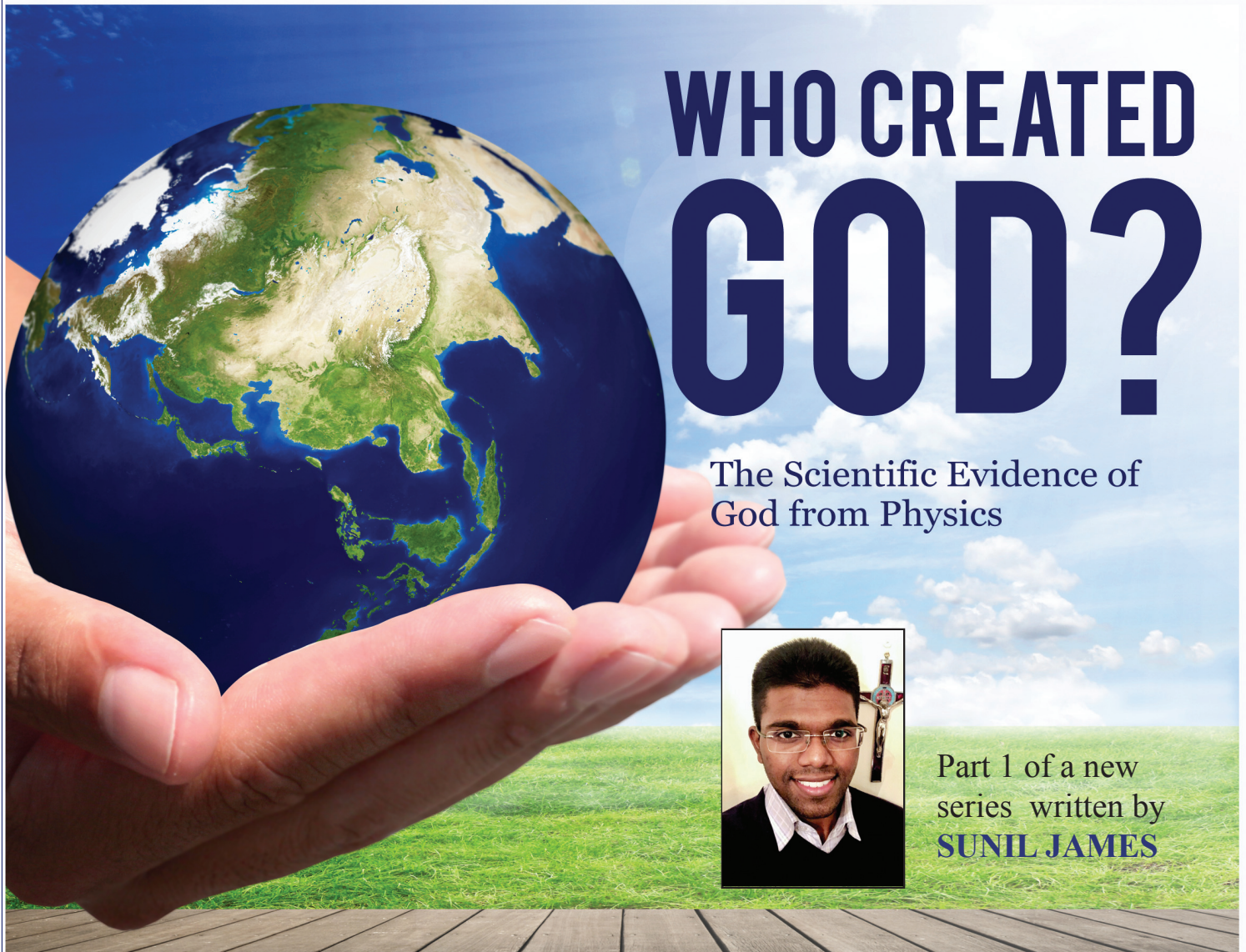
My friend knew nothing of what had happened to me in the Mass, only Jesus and I knew that. So why did she make the sign of the cross on my forehead? I am sure that it was the hand of Jesus Christ Himself that acted through her. I praised God for this sign and I felt His love in a deeper way. Two days later, I

asked my friend why she had done it. She said, "I took some holy water for myself, and then I saw you in front of me. Suddenly I heard a voice from within me telling me to make the sign of the cross on Soudha's forehead. That's why I did it."

Since becoming a Catholic I can now thankfully receive Holy Communion. It was such a privilege to receive Holy Baptism, which makes me worthy to receive the Body and Blood of Jesus Christ in the Eucharist. Now for me, my life, breath, happiness, prayers, intentions and troubles

JESUS, HAVE YOU ABANDONED ME?

are all closely linked to the Holy Mass. Saint John Vianney said that, "There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us." I pray that my heart will become a place holy enough for this most precious gift, the sacred Body and Blood of Jesus to reside. "If we are asked by others as to why we receive Holy Communion, tell them it is to learn how to love God, to free ourselves from our troubles, to console ourselves in times of hardship, to strengthen ourselves against temptation" St. Francis de Sales.



Limits of Science

When people say that science proves that God did not create the universe they struggle to back this up because science deals with physical matter (i.e. what we can see, measure and feel) and with the laws of nature that prevail in the universe (e.g. gravity, forces, entropy). But God, in our Christian understanding, is not an object to measure, feel or see, nor is He a phenomenon or a pattern within the physical universe that needs to obey the “laws of nature.” Therefore, science can say absolutely nothing about God.

Theories not facts

Science as a subject works with numbers. It is an inductive discipline, which means that there needs to be evidence to support any scientific theories. So science can never be 100% sure that it has looked at all the possible data relating to an investigation, so it cannot be certain.

That is why many of the findings in science are theories or hypotheses, backed up by relevant evidence, but they cannot be called facts, because science has to be open to new discoveries all the time. However, science can explain many things, using the data that is available and it has made a huge impact and brought many benefits to our lives. I think that science and faith are two sides of the same coin. As Albert Einstein once said “Science without religion is

The Big Bang Theory was actually first proposed by a Catholic Priest named Fr. George Lemaitre.
(#mindblown)

lame, religion without science is blind.”

The beginnng

When the universe came into being, at that point in time, it began to exist. This means that before the beginning, there was no time and nothing existed. If there had been anything before the beginning then it would not have been the beginning. There was nothing and that means nothing; it doesn't mean a vacuum or some low energy state. We know that nothing, by definition, cannot do anything or create anything because it is nothing (#confused). In other words, the universe can't have created itself because prior to the beginning of the universe, there was nothing. Therefore, if the universe had a beginning, then there must have been something that is completely transcendent and independent of our universe. There must have been a creator i.e. God!

The Big Bang Theory (BBT)

Did you know that the BBT was actually first proposed by a Catholic Priest named Fr. George Lemaitre (#mindblown) to solve a problem with one of Einstein's theories? Einstein wasn't too happy about it at first, but he eventually came to believe in the theory. The BBT is now very well established among physicists with many levels of proof. In simple terms, the BBT tells us that there was a massive explosion about 13.7 billion years ago. Since then our universe has been expanding. Imagine a balloon covered with paint spots. As the balloon is blown up and expands (space-time expands), the paint spots (galaxies) move away from each other. This is what BBT is all about. Since then, there have been many discoveries that support this theory including the latest discovery of gravitational waves. This is why most scientists believe that the BBT is true. The problem that they have with the BBT is that this means that the universe, along with time had a beginning which means that there must have been a creator. To avoid saying this other theories have been put forward to try to prove a pre-big bang period, for example String Theory, but what does the evidence show?

Other evidence

In 1994 Arvin Borde and Alexander Vilenkin came up with a proof that said that for a universe to be expanding it had to meet five conditions, which would show that it came from a single point (and thus had a beginning). Our universe fitted this model perfectly. Later they found an exception to the rule but it transpired that this was highly unlikely in our universe. Following this, Alan Guth and others started to model the expanding universe and Guth concluded that, “Eternally inflating models necessarily have a beginning.” Edwin Hubble's work showed that the universe is expanding and everything came from a single point which meant that it had a beginning. Cosmic back-

Einstein's Theory of General Relativity showed that time, space and matter all came into existence together.

ground radiation has been detected from the Big Bang period and Einstein's Theory of General Relativity showed that time, space and matter all came into existence together and therefore had a beginning.

The Creator

No scientist would believe that the universe was created randomly, by pure chance. It has been shown that there needed to be so many fine-tuned requirements for our world to exist and it cannot have come from nothing. Physics points to a clear beginning which implies something must have started it off. This something must be

1. *Space-less because it created space.*
2. *Timeless because it created time.*
3. *Immaterial because it created matter.*
4. *Powerful because it created something out of nothing.*
5. *Intelligent because the universe is precisely created.*
6. *Personal because it made a choice to create something out of nothing.*

The first three characteristics point to a supernatural being. The final three point to a personal being and that is God. Only a being can be powerful, intelligent and personal; energy cannot be personal, powerful or intelligent. Some of you clever clogs might say, “But who created God?” Well, if you are timeless, i.e. beyond time, can you have a beginning? No! Therefore, God who is timeless does not have a beginning. THIS MEANS THAT GOD EXISTS!

Keep your eye out for the next article where we will be looking at Mathematical proofs for God. I have to acknowledge the Magis Centre and Fr. Robert Spitzer S.J. for his work in Reason and Faith.

HELP US TO REACH OUT

There is no need to travel thousands of miles to spread the Gospel, you can help with the mission from the comfort of your home.

We have recently had a request from Pakistan for copies of Kingdom Revelator to distribute among their young people. Catholics are a minority in the country (less than 1% of the population) and the Church cannot afford the postage and distribution costs. Would you be part of our mission to reach out to a number of similar struggling Catholic communities in Asian countries?

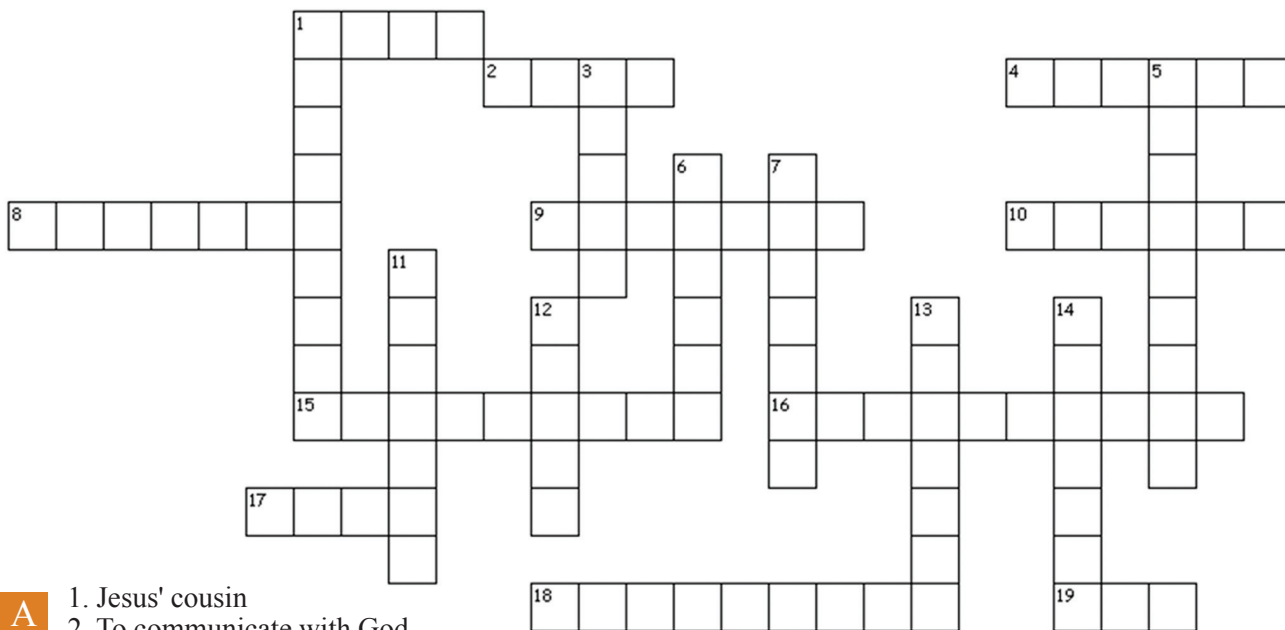
Please support us with your prayers and if you would like to help us financially this would be greatly appreciated.
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Kingdom Revelator USA,
766 Clover Ridge Lane, Itasca, IL 60143

Check payable to Kingdom Revelator USA : Write on the memo - KR Asia Help

CROSSWORD



ACROSS

1. Jesus' cousin
2. To communicate with God
4. Patron saint of mothers
8. The first book of the Bible
9. Mass celebrated when someone dies
10. The season before Christmas
15. Monks live here
16. Mary was taken up to heaven, body and soul
17. They gave gifts to Baby Jesus
18. Early Christians met here
19. Lives in a convent

DOWN

1. The remains of the Temple are here
3. Sign on our foreheads to begin Lent
5. Forty days after the Resurrection
6. Sabbath day for Christians
7. Quiet prayer time
11. Patron saint of animals
12. The first Pope
13. Place of pilgrimage in France
14. The Pope lives here

THE PIONEER ASSOCIATION

Fr Eamonn McCarthy CC from Macroom, Co. Cork in Ireland explains how the Pioneer movement started over 100 years ago in Ireland to tackle the problem of alcohol abuse in families.

The Foundation

The Pioneer Total Abstinence Association of the Sacred Heart (PTAA) was founded by Fr. James Cullen S.J. in Dublin, on 28 December 1898. Fr Cullen, a Jesuit priest, was always concerned with social issues, and his motivation in setting up the Pioneers was to address the enormous damage that he saw excess alcohol consumption was doing in Ireland during his times. Many workers were heavy drinkers, and alcohol was the greatest drain on the weekly earnings of many families resulting in great suffering for the children and the rest of the family.

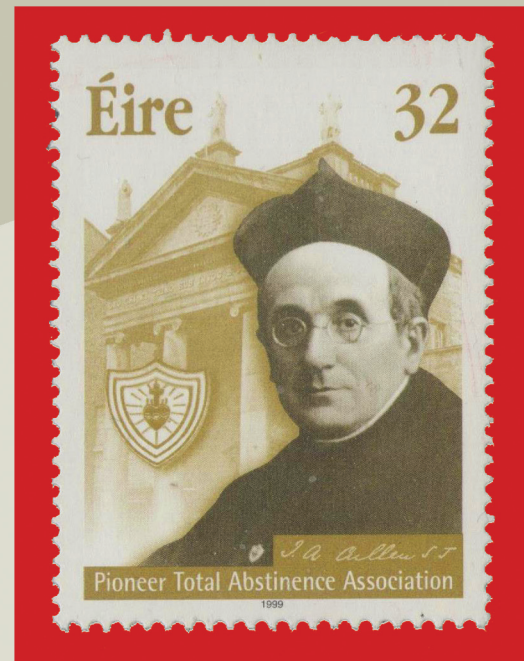
The Promises

Fr Cullen had four co-founders, all of them women, as his original vision was of an all-female organization which, through its prayers and sacrifice in pledging to abstain from alcohol for life, would provide spiritual support for other people to give up drinking alcohol. After a very short time and after much pressure from men to join, Fr Cullen extended the membership to everyone. From the beginning, members, who joined in their thousands, pledged three things: to abstain from alcohol for life (which Fr Cullen referred to as “The heroic sacrifice”); to say the Pioneer prayer twice a day; and to bear witness by wearing the pioneer pin at all times.

The Sacred Heart

The PTAA has always been underpinned by prayer and devotion to the Sacred Heart of Jesus and its emblem

>>> Christian Living <<<



reflects this. By promising to abstain from alcohol, which like all of God’s gifts should not be abused, the pioneer is forgoing one of life’s pleasures and therefore dying to self for the greater good. In their devotion to the Sacred Heart Pioneers strive to love unconditionally like Jesus does, they learn to accept whatever crosses come their way and they become less selfish so that they can enter into ever closer communion with the Sacred Heart of Christ.

Membership

Over the years the number of members has varied greatly and there are still more than 100,000 Pioneers in Ireland today. The message of the Pioneer Association has spread around the world and there are groups in many countries including the UK, the USA, Australia, New Zealand and South Africa. For more information about The Pioneers please see their website: www.pioneerassociation.ie

The Young Pioneer’s Prayer

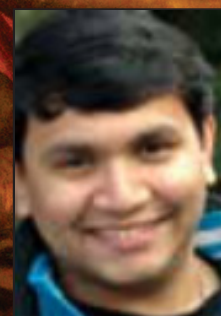
“Lord, for your sake, for the recovery of problem drinkers and victims of substance abuse, to make amends to your Sacred Heart for the intemperance in all our lives, I promise not to take alcoholic drink until I am at least 18, and to keep off drugs for life.”

»» Holy Spirit ««

THE SPIRIT OF TRUTH

JACKSON JOSE

continues the series on the Holy Spirit



Many young people today are searching for the truth. We have so many questions particularly about what to believe. Questions like, “Is Heaven a reality or a myth?” “Was Jesus just a good teacher or is He really God?” We are receiving so many conflicting messages from the media and our culture. It is very difficult to know what to believe. These doubts and uncertainties challenge the faith of many people today.

Our guide

Jesus promised help for those who want to follow Him. “I will ask the Father, and He will give you another advocate to help you and be with you forever, He is the Spirit of Truth. The world cannot accept Him, because it neither sees Him nor knows Him. But you know Him, for He lives with you and will be in you.” (John 14:16 - 17) We receive this precious gift of the Holy Spirit in the Sacraments and He lives in us. Jesus also promised, “When the Spirit of Truth comes, He will guide you into all truth.” (John

16:13) The Holy Spirit, living in us, will show us what to believe and will open our eyes to God's eternal truth. We can pray and ask the Holy Spirit to guide us and show us the truth if we have any doubts or worries.

What is truth?

When Jesus was on trial, Pontius Pilate asked Him, "What is Truth?" (John 18:38) Jesus had already revealed to His disciples that "I am the Way, and the Truth, and the Life." (John 14:6) So He did not reply to Pilate because He had already answered the question for those who were open to believe Him. Only His followers could understand that Jesus came to this world to testify to the Truth. To understand this better, we need the help of the Holy Spirit.

Discernment

Like Pilate, some people can't accept the Lordship of Jesus. We cannot blame them because it says in Scripture that no-one can say that "Jesus is Lord" except by the Holy Spirit (1 Corinthians 12:3). It is the Spirit of Truth who reveals this to the human heart. Jesus also said that, "when the Advocate comes, the Spirit of Truth, who comes from the Father, He will testify on my behalf." (John 15:26) It is the Holy Spirit of Truth who reveals who Jesus is and shows us how much God loves us. If we are open to the Spirit of Truth within us, He will help us to discern what is true and what is false and he will help us to recognise and resist the snares of the devil and avoid temptations.

Discover the truth

We receive the Holy Spirit when we are baptised. It is the Holy Spirit who encourages us to discover God's eternal Truth for ourselves. If we are open to His promptings and surrender ourselves to the Spirit of Truth, He will lead us into the fullness of truth.

Prayer:

Holy Spirit of Truth, I surrender myself to you today. Open my eyes to Your Divine Truth and help me to discern between what is right and what is wrong.
Increase my faith and trust in You. Amen.

"Call to me and I will answer you"

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Friends, are you worried...? confused...? Having problems...?

We have a dedicated prayer team waiting to pray for you...!

Please send us your intentions and we will pray for you in confidence.



USA - krprayersusa@gmail.com

»»» The Saints «««



THE FAIREST ROSE

Glorious St. Rose of Lima, you who knew what it was to love Jesus with such a pure and generous heart, you, who since childhood, despised the world's vanities in order to embrace His Cross, you who loved with unfailing devotion our Heavenly Mother and loved the poor and destitute, serving then the same way that Jesus did, teach us to imitate your greatest virtues, so that we may follow your example, and enjoy your glorious protection in Heaven. Amen.

CHRISTINE SABU
age 13, looks at the life of St Rose of Lima, the first South American born Saint.

Her Birth

St Rose was born in Lima, Peru on 20th April, 1586. She was called Isabel Flores de Oliva but was nicknamed 'Rose' because her cheeks were the colour of roses. In 1597, she was confirmed by the Archbishop of Lima, and took the Confirmation name Rose. She was an exceptionally beautiful child.

Childhood

From a very young age, Rose wanted to give her life to Jesus and become a nun but as she grew older her beauty began to attract men. Rose did not want this attention and to put off her suitors she rubbed hot peppers into her face to produce ugly blotches and cut her hair short. Her parents wanted her to marry and have a family but eventually, in frustration, her father gave in to her requests and she was granted a small room in the house to herself. Rose spent many hours in this room, in long periods of prayer. She slept very little, so that she could have more time to pray. She fasted daily and stopped eating meat altogether.

Adulthood

As her parents would not let her join a convent, Rose joined the Third Order of St Dominic when she was 20 and chose St Catherine of Siena as her model and spiritual guide. As well as her ordinary duties about the house, she also spent time caring for the poor and continued her life of penance, prayer and fasting. She once burnt her hands as an act of penance. It is said that she would wear a

silver crown, with spikes that pierced her flesh, like the Crown of Thorns that Jesus had to suffer during His Passion and that she chewed bitter herbs that would deaden her sense of taste.

Her Death

During an illness towards the end of her life, she prayed, "Lord, increase my sufferings, and with them increase thy love in my heart." Rose died on August 17th 1617, at the age of 31. Rose was beatified on 15th April 1668 and was canonized on the 12th of April 1671. She is the Patron Saint of South America and is buried in the shrine of St Rose of Lima in Peru.

Her Example

In a homily on the feast of St Rose, Cardinal Tarcisio Bertone said, "St Rose's short life was marked by innumerable trials and suffering, but at the same time was totally imbued with love for Christ and with deep serenity. It can be said that in St Rose, the power of divine grace was perfectly expressed. The weaker human beings are and the greater the trust they place in God, the greater the comfort they find in Him and the more they experience the renewing power of His Spirit."

The example of St Rose inspires us to ask ourselves, what can we do for Jesus? We don't have to go to the lengths that she did, but we can still make some little offerings of our faith to Him, like promising to pray for fifteen minutes a day, or skipping a meal once a week. We can try to love Jesus as much as St Rose did and ask Him to keep us close to His Sacred Heart. We can make Jesus our first priority as she did.

CROSSWORD ANSWER

ACROSS

1. JOHN 2. PRAY 4. GERARD 8. GENESIS 9. REQUIEM 10. ADVENT,
15. MONASTERY 16. ASSUMPTION 17. MAGI 18. CATECOMBS 19. NUN

DOWN

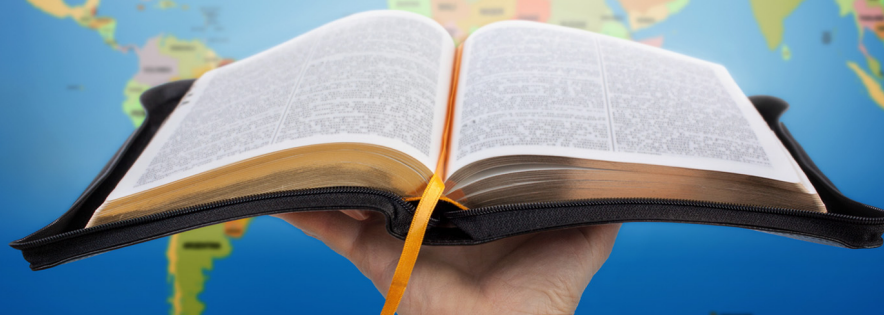
1. JERUSALEM 3. ASHES 5. ASCENSION 6. SUNDAY 7. RETREAT 11. FRANCIS
12. PETER 13. LOURDES 14. VATICAN

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“ HE SAID TO THEM,
GO INTO ALL THE WORLD
AND PREACH THE GOSPEL
TO ALL CREATION. ”



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